



Mountain West Gastroenterology

Instructions

Bravo Capsule / Esophageal Motility

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| <input type="checkbox"/> Oscar A. Batista, M.D. | <input type="checkbox"/> Brett W. Doxey, M.D. | <input type="checkbox"/> D. Rayburn Moore, M.D. |
| <input type="checkbox"/> Mark E. Boschert, M.D. | <input type="checkbox"/> Peter C. Fenton, M.D. | <input type="checkbox"/> Randall J. Ryser, M.D. |
| <input type="checkbox"/> John H. Bowers, M.D. | <input type="checkbox"/> Edward J. Frech, M.D. | <input type="checkbox"/> Michael J. Sossenheimer, M.D. |
| <input type="checkbox"/> Gordon E. Harmston, M.D. | <input type="checkbox"/> Clarke A. Hilbig, M.D. | <input type="checkbox"/> I. Raymond Thomason, M.D. |
| <input type="checkbox"/> Christopher C. Canale, M.D. | <input type="checkbox"/> Robert G. Jones, M.D. | |

THE NIGHT BEFORE YOUR EXAMINATION, you should have no food or water after midnight until after the examination. This includes all liquids, solids, medications, and antacids.

ESOPHAGEAL MOTILITY STUDY: A small tube will be inserted through your nose. This will allow us to measure relaxation and contraction of the sphincter muscles at the beginning and end of your esophagus, as well as the pushing motion (peristalsis) in the esophageal body. This examination is done on people having trouble swallowing, foods/liquids sticking, acid reflux, non-cardiac chest pain and some lung problems. The test takes approximately 1-½ hours and may be performed by an RN.

24 HOUR IMPEDENCE PH MONITOR STUDY: A very small tube will be inserted through your nose into your esophagus. This tube will be attached to a small monitor in a carrying case, which you will take home for 24 hours. This examination is done on people who have reflux disease, esophagitis, heartburn, and some lung disorders. Length of time for the initial visit is approximately 45 minutes and 10 minutes on the return visit the following day (to have it removed).

BRAVO CAPSULE: A miniature pH capsule, approximately the size of a gel-cap, is attached to your esophagus. Throughout the test period, the BRAVO capsule measures the pH in the esophagus and transmits the information to a pager-sized receiver worn on your belt or waistband, just like a pager or mobile phone. You will be given a diary to write down the times when you have reflux symptoms (for example, coughing, heartburn, regurgitation), when eating or lying down. After the test is completed, you return the diary and the BRAVO Receiver to your doctor and the information is uploaded to a computer. This provides a comprehensive report so the physician can diagnose your condition. Certain medications affect the esophagus. Please review your medications carefully with whoever schedules your procedure. Also see the enclosed list of medications.

MEDICATIONS TO DISCONTINUE PRIOR TO PROCEDURE:

- Certain medications affect the esophagus and might not give proper results
- Call our office before adding any medications not previously discussed.

Reason for Examination: _____

- Exam with medications Exam without medications – See attached Information Sheet

YOUR PROCEDURE IS SCHEDULED AT THE FOLLOWING TIME AND PLACE:

- Intermountain Medical Center, 5121 South Cottonwood Drive, Murray, UT.**
Check in at the Eccles Outpatient Care Building, Level 2.
Free Valet Parking Available.
- Mountain West Endoscopy Center, 6360 South 3000 East Ste 320, SLC, UT.**
If not contacted by the day before your procedure, call 801-944-3166 to pre-register.

Call your insurance to see if you need a referral from your primary care doctor.

Call our office one week prior to see if we obtained a pre-authorization.

You may receive **THREE** separate bills for this procedure: 1-Physician, 2-Facility, 3-Pathology

Questions – Call 801-944-3141