



Mountain West Gastroenterology

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| <input type="checkbox"/> Christopher C. Canale, M.D. | <input type="checkbox"/> Robert G. Jones, M.D. | |

Capsule Endoscopy Preparation Instructions for Video

1. No solid food after 3:00 pm the day before your examination.
2. However, drinking of clear liquids is encouraged.
3. Avoid drinking liquids which have any dark color to them.
4. On the morning of the exam, mix up Nulytely in a volume of 4000 cc (1gallon).
You only drink ½ a gallon.
5. Beginning three to four hours prior to the exam, take the Nulytely by mouth at a rate of 1 quart every hour until 2 quarts are gone.
6. After that, you may continue to drink clear liquids throughout the day.
7. Please arrive at 8:00 AM, dressed in loose fitting, two piece clothing. Male patients should shave from their sternum to below their navel before arriving for the procedure.
8. Lie on your right side for one hour after swallowing the capsule.
9. Avoid strenuous activity.
10. Return recording device to the office at 4:30 and resume normal meals.
11. Please contact your physician before the procedure if you have a cardiac pacemaker, a defibulator or any other electromedical device.

YOUR PROCEDURE IS SCHEDULED AT THE FOLLOWING TIME AND PLACE

- Mountain West Gastroenterology, 6360 South 3000 East, Ste 310, SLC, UT.**
If not contacted by the day before your procedure, call 801-944-3141 to pre-register.
- Lakeview Endoscopy Center, 620 E Medical Dr, Suite 200, Bountiful, UT.**
Call the day before your procedure to pre-register, 296-2122.

Questions - Call (801) 944-3141